



Weekly News

FRIDAY 22ND MAY 2026 - ISSUE 32

A Message from Mr Spink and Mrs Wathen

Good afternoon everyone.

Today has been Culture and Diversity Day here at Ebor Gardens Primary Academy. It has been a lovely day packed full of wonderful traditional dress and bright colours. It is always a good opportunity for children to share information and stories from their own cultures. Keep your eye on our Facebook page for lots more pictures of what is one of our favourite days in school.

We break up today for a week's holiday. We will return to school on Monday 1st June 2026. Please remember that, as we head into the Summer, there are many more outdoor opportunities. This means that we need to consider bringing water bottles and hats to school. Also please apply sun cream to your child's skin before coming to school.

Have a lovely week - see you all soon.

Mr Spink & Mrs Wathen



What a picture...



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DIARY DATES 25/26

- Monday 1st June 2026** - School reopens
Monday 15th June 2026 - Y4 Residential Trip
Wednesday 17th June 2026 - Big Talk in school
Friday 19th June 2026 - Dance-a-thon
Tuesday 23rd June 2026 - Wellsing Choir Event
Tuesday 23rd June 2026 - Y5 Opera North Event
2nd & 3rd July 2026 - Y6 Co-Op Leeds Transition Days
Monday 6th July 2026 - Year 6 Cinema Trip
Tuesday 7th July 2026 - Whole School Transition day
Tuesday 7th July 2026 - New Reception Class visit (am)
8th, 9th & 10th July 2026 - Y6 Residential
Friday 10th July 2026 - Ian's Farm to visit EYFS
Thursday 16th July 2026 - Y6 Prom
Friday 17th July 2026 - School Closes for Summer (1pm)



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12 Top Tips for BUILDING CYBER RESILIENCE AT HOME

As a society, we're increasingly using technology and tech services in the home. Digital assistants which can adjust the heating or turn lights on and off; streaming services for shows and movies on demand; games consoles; smart speakers; phones; laptops ... the list goes on. As we introduce each new gizmo to our homes, however, we increase the level of threat from cyber criminals. It's essential, therefore, that we learn to become more cyber resilient in relation to the devices and digital services that the people in our household use.

WHAT IS 'CYBER RESILIENCE'?

Cyber resilience focuses on three key areas: reducing the likelihood of a cyber attack gaining access to our accounts, devices or data; reducing the potential impact of a cyber incident; and making the recovery from a cyber attack easier, should we ever fall victim to one.

1. PASSWORDS: LONGER AND LESS PREDICTABLE

The longer, less common and predictable a password is, the more difficult it becomes for cyber criminals to crack. The National Cyber Security Centre's 'three random words' guidelines are ideal for creating a long password which is easy to remember but hard to guess.

2. AVOID RE-USING PASSWORDS

When you use the same password across different logins, your cyber resilience is only as strong as the security of the weakest site or service you've signed up for. If cyber criminals gain access your username and password for one site or service, they'll definitely try them on others.

3. USE A PASSWORD MANAGER

A good way to juggle different passwords for every site or service you use is to have a password manager. This software stores all your passwords for you, so you simply need to remember the master password. LastPass, Dashlane, 1Password and Keeper are all excellent password managers.

4. BACK UP YOUR DATA

Keep a copy of your data using OneDrive, Google Drive or another reputable cloud-based storage solution. If it's extremely important or sensitive information, you could even decide to keep more than one back-up version – by saving it to a removable USB drive or similar device, for example.

5. ENABLE MULTI-FACTOR AUTHENTICATION (MFA)

Multi-factor authentication is where you need access to your phone (to receive a code, for example) or another source to confirm your identity. This makes it far more difficult for cyber criminals to gain entry to your accounts and your data, even if they do manage to get your username and password.

6. CHOOSE RECOVERY QUESTIONS WISELY

Some services let you set 'recovery questions' – such as your birthplace or a pet's name – in case you forget your password. Take care not to use information you might have mentioned (or are likely to in future) on social media. More unpredictable answers make cyber criminals' task far harder.

7. SET UP SECONDARY ACCOUNTS

Some services provide the facility to add secondary accounts, phone numbers and so on to help with potentially recovering your account. Make sure you set these up: they will be vital if you're having trouble logging in or if you're trying to take back control of your account after a cyber attack.

12. STAY SCEPTICAL

Cyber criminals commonly use various methods, including emails, text messages and social media posts. Be cautious of any messages or posts that are out of the ordinary, offer something too good to be true or emphasise urgency – even if they appear to come from someone you know.

11. KEEP HOME DEVICES UPDATED

Download official software updates for your household's mobile phones, laptops, consoles and other internet-enabled devices regularly. Security improvements and fixes are a key feature of these updates – so by ensuring each device is running the latest version, you're making them more secure.

10. CHANGE DEFAULT IOT PASSWORDS

Devices from the 'Internet of Things' (IoT), such as 'smart' home appliances, are often supplied with default passwords. This makes them quicker to set up, but also less secure – criminals can identify these standard passwords more easily, so change them on your IoT devices as soon as possible.

9. CHECK FOR BREACHES

You can check if your personal information has been involved in any known data breaches by entering your email address at www.haveibeenpwned.com (yes, that spelling is correct!). It's useful if you're worried about a possible attack – or simply as motivation to review your account security.

8. KEEP HAVING FUN WITH TECH

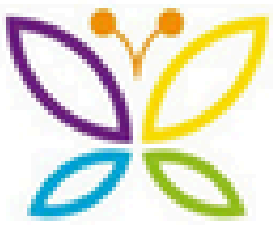
Consider our tips in relation to the gadgets and online services your household uses. Protect yourself and your family, and don't let the bad guys win: devices are not only integral to modern life but also a lot of fun – so as long as you keep safety and security in mind, don't stop enjoying your tech.

Meet Our Expert

Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that adults and children alike become more aware of the risks associated with technology, as well as the many benefits.



NOS National Online Safety
#WakeUpWednesday



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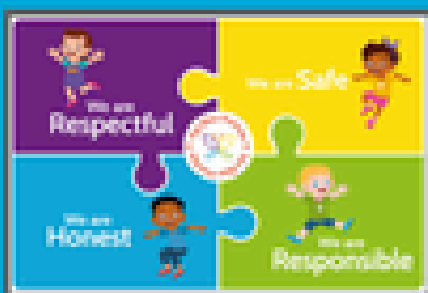
Healthy Snacks at Ebor Gardens

**Lots of children bring snacks for
break times.**

**These should be healthy snacks
consisting of fruit and vegetables.**



**Children should also have lots
of water throughout the day.
Please send a water bottle into
school with your child.**





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