



# Weekly News

FRIDAY 15TH MAY 2026 - ISSUE 31

## A Message from Mr Spink and Mrs Wathen

Good afternoon everyone.

This week's Weekly News is all about Year 6.

They have faced their Year 6 SATs this week with maturity, confidence and resilience. To say we are proud of them is the biggest understatement of the year! We have witnessed children coming to school early to take part in our Breakfast Club, children revising on their arrival to school and talking of their revision at home. We have watched them tackle the assessment papers sensibly and with real focus. To celebrate such a week, the children have enjoyed a KFC this afternoon - a chance to let their hair down before getting back to their learning on Monday. There is still plenty to do before that transition to high school.

We also thank all the staff who have worked tirelessly with your Y6 children to ensure they are ready for the tests. We will share the assessment outcomes with you when we give out our annual reports in mid-July. Have a lovely weekend everyone.

*Mr Spink & Mrs Wathen*



What a picture...



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# DIARY DATES 25/26

- Tuesday 19<sup>th</sup> May 2026** - Y5 Countryside Show Trip
- Friday 22<sup>nd</sup> May 2026** - Culture and Diversity day
- Friday 22<sup>nd</sup> May 2026** - School closes for Spring Bank holiday
- Monday 1<sup>st</sup> June 2026** - School reopens
- Monday 15<sup>th</sup> June 2026** - Y4 Residential Trip
- Wednesday 17<sup>th</sup> June 2026** - Big Talk in school
- Friday 19<sup>th</sup> June 2026** - Dance-a-thon
- Tuesday 23<sup>rd</sup> June 2026** - Wellsing Choir Event
- Tuesday 23<sup>rd</sup> June 2026** - Y5 Opera North Event
- 2<sup>nd</sup> & 3<sup>rd</sup> July 2026** - Y6 Co-Op Leeds Transition Days
- Monday 6<sup>th</sup> July 2026** - Year 6 Cinema Trip
- Tuesday 7<sup>th</sup> July 2026** - Whole School Transition day
- Tuesday 7<sup>th</sup> July 2026** - New Reception Class visit (am)
- 8<sup>th</sup>, 9<sup>th</sup> & 10<sup>th</sup> July 2026** - Y6 Residential
- Friday 10<sup>th</sup> July 2026** - Ian's Farm to visit EYFS
- Thursday 16<sup>th</sup> July 2026** - Y6 Prom
- Friday 17<sup>th</sup> July 2026** - School Closes for Summer (1pm)



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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# Tips for Encouraging Open Discussions about DIGITAL LIVES

The online world is an entirely familiar and commonplace part of life for today's children and young people, far more so than for previous generations. There are many positives to children being able to access online materials, so it's important not to demonise the internet, games and apps, and limit the benefit of their positive aspects. At the same time, we do have a responsibility to educate children about the hazards they may encounter online (just as we would about real-world dangers) so it's essential that we don't shy away from talking to them about the complex - and often sensitive - subject of what they do and what they see when they're online.

Here are some suggestions for kicking off conversations with your child about their digital life ...

## MAKE YOUR INTEREST CLEAR

Showing enthusiasm when you broach the subject signals to your child that you're keen to learn about the positives of their online world. Most children enjoy educating adults and will happily chat about what they use the internet for, or what games and apps they're into and how these work. Asking to see their favourite games and apps in action could help you spot any aspects that may need your attention - such as chat functions which might require a settings adjustment to limit contact with strangers. Keep listening even if your child pauses for a long time; they could be considering how to phrase something specific, or they may be gauging your reaction.

## BE OPEN AND HONEST, APPROPRIATE TO THEIR AGE

At various stages, children and young people become curious about puberty and how their body changes; about relationships; about how babies are made; and about sexual health. If your child knows that they can discuss these sensitive subjects with you, they tend to be less likely to go looking online for answers - which can often provide them with misleading information and, in some cases, lead to them consuming harmful content. Don't worry if you don't immediately know the answers to their questions - just find out for yourself and go back to them once you have the facts.

## REMAND YOUR CHILD THEY CAN ALWAYS TALK TO YOU

In my role I work with many children and young people who admit being reluctant to tell a trusted adult about harmful content they've viewed online. In case it leads to having their devices confiscated. Emphasise to your child that you're always there to listen and help. Reassure them that if they do view harmful content, then they are not to blame - but talking about it openly will help. Children shouldn't be expected to be resilient against abuse or feel that it's their job to prevent it.

## KEEP TALKING!

The most valuable advice we can give is to keep talking with your child about their digital lives. You could try using everyday situations to ask questions about their online experiences.

## DISCUSS THAT NOT EVERYTHING WE SEE ONLINE IS REAL

Here, you could give examples from your own digital life of the online world versus reality - for example, those Instagram posts which show the perfect house: spotlessly clean, never messy and immaculately decorated. Explain to your child that there are many other aspects of the online world which are also deliberately presented in an unrealistic way for effect - such as someone's relationship, their body, having perfect skin and so on.

## TRY TO REMAIN CALM

As much as possible, try to stay calm even if your child tells you about an online experience that makes you feel angry or fearful. Our immediate emotions frequently influence the way we talk, so it's possible that your initial reaction as a parent or carer could deter a child from speaking openly about what they've seen. Give yourself time to consider the right approach, and perhaps speak with other family members or school staff while you are considering your next steps.

## CREATE A FAMILY AGREEMENT

Involving your whole household in coming up with a family agreement about device use can be immensely beneficial. You could discuss when (and for how long) it's OK to use phones, tablets, consoles and so on at home; what parental controls are for and why they're important; and why it's good to talk to each other about things we've seen or experienced online (both good and bad). Explaining your reasoning will help children to understand that, as trusted adults, we want to make sure they are well informed and kept safe. Allowing children to have their say when coming up with your family agreement also makes them far more likely to stick to it in the long term.

## Meet Our Expert

Believe Jennings of ASSE (Building Awareness in Sex Education) has almost 20 years' experience delivering relationships and sex education and training to schools, colleges and other education providers. A published author on the subject, she also advises the Department of Education on the staff training element of the RSE curriculum.



**NOS** National Online Safety  
#WakeUpWednesday

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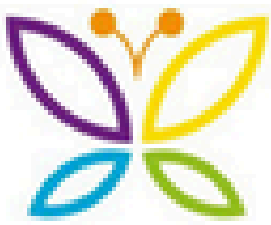


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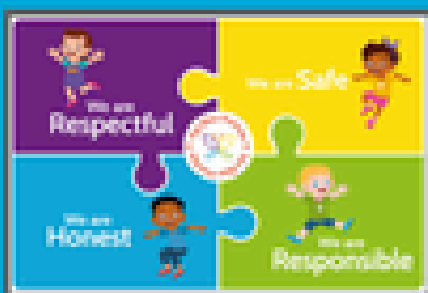
# Healthy Snacks at Ebor Gardens

**Lots of children bring snacks for  
break times.**

**These should be healthy snacks  
consisting of fruit and vegetables.**



**Children should also have lots  
of water throughout the day.  
Please send a water bottle into  
school with your child.**





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# Get into Teaching

**Are you ready to inspire the next generation?**

Whether you're a graduate, a career changer, or someone who's always wanted to teach – now is the perfect time to start.

**Applications are OPEN for a September 2026 start**

- ✓ Expert-led training
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- ✓ Mentor support throughout your training



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**THIS EVENT IS FUNDED BY sky**

**THE OLD FIRE STATION PRESENTS**

# **THE STATION PARTY**



**FRIDAY 29<sup>TH</sup> MAY AT 5:30 PM**

**A FUN NIGHT FOR EVERYONE IN THE COMMUNITY !  
CAFE • BAR • ART & CRAFTS • LIVE MUSIC • BINGO**

**THIS IS A FREE EVENT, BUT PLACES  
MUST BE BOOKED IN ADVANCE**



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