



Weekly News

FRIDAY 13TH MARCH 2026 - ISSUE 24

A Message from Mr Spink and Mrs Wathen

Good afternoon everyone.

This week we are launching our new "Attendance News". Every week, we will be sending out a newsletter that is just for Attendance information. At Ebor Gardens, we believe that attendance at school is paramount and a shared responsibility for us all to take part in. For this reason, there will now be a copy of Attendance News sent out each week with our Weekly News.

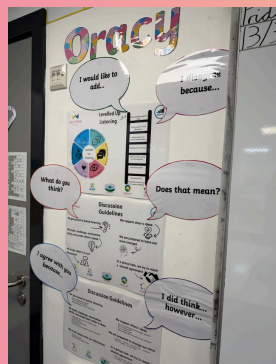
You may also have noticed that there is now a new space on our Weekly News for photographs. Throughout each week we will be looking for excellent photo opportunities. These will be things that are wonderful inside our school building - making it an easy job for us!

Have a super weekend everyone.

Mr Spink & Mrs Wathen



What a picture...



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DIARY DATES 25/26

Tuesday 24th March 2026 - Y1 trip to Temple Newsam

Thursday 26th March 2026 - Y2 trip to Temple Newsam

Tuesday 31st March 2026 - Easter Discos

Thursday 2nd April 2026 - School closes for Easter

Monday 20th April 2026 - School reopens

Thursday 30th April 2026 - Class Photographs

Monday 4th May 2026 - School closed for May Day

11th - 14th May 2026 - KS2 SATs Assessments for Y6

Friday 22nd May 2026 - School closes for Spring Bank

Monday 1st June 2026 - School reopens



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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about INFLUENCERS

In today's digital age, social media influencers play an increasingly significant role in shaping the opinions, interests and behaviours of our children. While many of these individuals can have a positive effect, influencer culture can also present certain risks – such as encouraging consumerism, affecting self-esteem and blurring trustworthiness. To help ensure a safe online environment for young people, it's vital to maintain open communication, set sensible boundaries, promote a healthy self-image and teach digital media literacy. Our guide delves deeper into all of these.

WHAT ARE THE RISKS?

HEIGHTENED CONSUMERISM

A major way that influencers make money is through brand partnerships and sponsored content. As a result, children who follow them may be exposed to a steady stream of advertising; this can lead to materialistic attitudes, unrealistic expectations and an increased desire to have the latest products. Many influencers have built huge brand empires around their large, impressionable following.

THE SOFT SELL

Some influencers aren't always transparent about the motivations behind their posts, blurring the lines between genuine recommendations and paid-for promotions – and young people sometimes find it difficult to distinguish authentic content from advertising. Many major social platforms have taken steps to make sponsored content and ads easier to identify, but it remains an area of concern.

PRIVACY CONCERNS

Inspired by their favourite influencers, children may start sharing more of their own lives online – which could reveal personal information or details about their daily routine. This openness can put them at risk of cyberbullying or even predatory behaviour. This is exacerbated by live streaming, which gives young people no time to consider the potential consequences of saying too much.

UNDERMINING SELF-ESTEEM

Many influencers share images and videos of themselves and their activities, which are often painstakingly curated and edited to present an idealised version of their life. Children who follow these influencers may develop distorted expectations about body image and the concept of beauty, which can potentially lead to negative self-esteem and even mental health issues.

Advice for Parents & Carers

KEEP TALKING

Chat to your child about the content they consume on social media and the influencers that they like. Encourage them to think critically about what they see and hear online, and listen to any concerns they might have. Maintaining this line of open, honest communication can help your child to make informed decisions about which individuals they follow and what content they engage with.

SET SOME BOUNDARIES

Agree age-appropriate boundaries for your child's social media use, including time limits and privacy settings (the two major operating systems on mobile devices, Android and iOS, have these controls baked in). Try to keep an eye on your child's online activity and discuss it regularly with them – including reminding them of the potential risks that can arise from following influencers.

SUPPORT A HEALTHY SELF-IMAGE

Reinforce your child's awareness that real life isn't usually as picture perfect as it may appear on social media – and how some content (particularly that of influencers) is often curated, staged or edited to look more glamorous. If possible, highlight examples of other influencers who share authentic, relatable material which acknowledges their imperfections and struggles as well.

PROMOTE MEDIA LITERACY

Talk to your child about the concepts of sponsored content, advertising and potential influencer bias. Teach them to critically evaluate the information they're presented with online and to consider the possible reasons behind content creation. This can help young people develop the skills to make healthier decisions about the influencers they choose to follow and the content they consume.

Meet Our Expert

A former director of digital learning and currently a deputy headmaster and DSL, Brendan O'Keefe's experience and expertise gives him a clear insight into how modern digital systems impact the experience of children, staff and parents – and which strategies help to ensure that the online world remains a useful educational tool rather than a minefield of risks.



NOS
National Online Safety
#WakeUpWednesday

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The Compton Centre JOBS FAIR

Meet employers

Get support

Find work

Looking for a new job?

Leeds City Council Jobshops are hosting an event to bring the employers to you!

Come along to The Compton Centre Jobshop and speak to employers about the opportunities available in Leeds.

Vacancies Include:

Training providers



LCC Vacancies



Care work



Volunteering



+ more

Wednesday 1st April 2026
10AM - 1PM

The Compton Centre

322 Harehills Lane
Harehills, Leeds
LS9 7BG

No need to book - just drop in

Don't have a CV? Don't worry!

There will be staff on hand to help you create one along with other work related support.

Leeds City Council
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EPEC ~ Being a Parent

Because children don't come with instructions 😊



What is the EPEC ~ Being a Parent?

Empowering Parents Empowering Communities (EPEC) ~ Being a Parent (BAP) is a parenting programme designed to help you address behavioural difficulties, support child development and outcomes, parenting skills, family resilience and family relationships.



From melt down to magic !

Join like-minded parents and carers in a supportive group, where you are encouraged and supported to explore:

- Positive behaviour management and discipline strategies.
- Managing parent and family stress.
- Understanding and managing children's feelings.
- Parent listening, communication, play and interaction skills.
- Attachment and parent-child relationships.
- Parenting roles, expectations, and culture.



Why is it different? Being a Parent groups runs over 8 weeks, 2 hours a week and is completely free.

It is run for parents by parents - Their experiences, backgrounds, skills, and qualities make each session inviting, engaging and fun.

Who is it for?

All parents and carers in Leeds who have children up to the ages of 11 years. Before Being a Parent begins there is a welcome session where you can learn more about what is involved and meet the other parents that are interested in joining the group too.

It's your time, no children, just you!



Where and when is it? Swarcliffe Community Centre (Shop)- 65 Stanks Gardens, LS14 5LS -

Thursday 23rd April – 9:30 - tea and toast information session –
group starts 30th April 11:00 – 1:00, for 8 weeks (no group at Half Term) - Please note: there is no transport or childcare available.

Interested in finding out more – Come along to the Tea and Toast info session
or email Leeds.epec@leeds.gov.uk Or call/message Kerry (EPEC coordinator) on 07712 215217



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