

Weekly News

FRIDAY 6TH FEBRUARY 2026 - ISSUE 20



A Message from Mr Spink and Mrs Wathen

Good afternoon everyone.

This week in school we have been as busy as ever as our classes work towards the last week of the half-term and completing their topics for learning.

Next week we are focusing on Internet Safety in school. We will be starting our week with assemblies with Miss Kaye and the Digital Leaders talking to us about how to stay safe online. The theme this year is “Smart Tech - Safe Choices - Exploring the safe and responsible use of AI”. The idea is to promote a safer, more positive, and responsible internet experience, especially for young people. You can find out more about it at <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2026>

Remember, school closes on Thursday 12th February at 3:15pm for the half-term holiday.

Have a super weekend everyone.

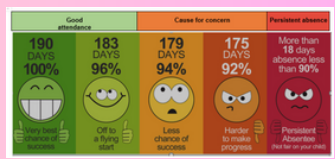
Mr Spink & Mrs Wathen

N - 75%	RBT - 92%	RDO - 85%
1AD - 97%	1MM - 97%	2HW - 97%
2RK - 98%	3JH - 95%	3NB - 96%
4MG - 97%	4RA - 93%	5CS - 98%
5HW - 97%	6DD - 97%	6LB - 97%

Whole School attendance this week is 95%.

Our target is 96% or above.

Biscuit Bears: 2RK & 5CS
Extra Play (97%+): 1AD, 1MM, 2HW, 2RK, 4MG, 5CS, 5HW, 6DD & 6LB
Pizza Party (100%): -



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DIARY DATES 25/26

- Tuesday 10th February 2026** – Safer Internet Day
- Thursday 12th February 2026** – School closes for half term (3:15pm)
- Friday 13th February 2026** – INSET Day (School closed to pupils)
- Monday 23rd February 2026** – School opens
- 2nd & 3rd March 2026** – Road Safety Team in school
- Wednesday 4th March 2026** – Zoolab in EYFS
- Thursday 5th March 2026** – World Book Day
- Friday 6th March 2026** – Science shows in school
- Wednesday 11th March 2026** – Water Safety talk (Y5&6)
- Tuesday 24th March 2026** – Y1 trip to Temple Newsam
- Thursday 26th March 2026** – Y2 trip to Temple Newsam
- Tuesday 31st March 2026** – Easter Discos
- Thursday 2nd April 2026** – School closes for Easter
- Monday 20th April 2026** – School reopens
- Thursday 30th April 2026** – Class Photographs
- Monday 4th May 2026** – School closed for May Day
- 11th - 14th May 2026** – KS2 SATs Week for Y6
- Friday 22nd May 2026** – School closes for Spring Bank
- Monday 1st June 2026** – School reopens



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Please be sure to park very safely and sensibly around school at Breakfast Club, morning drop-off and afternoon pick-up. On some occasions, the main gate has been blocked by parents/carers cars. Parents/carers and visitors must not park in front of the main gate so that cars (including emergency service vehicles) can get in and out at all times.



PICKING-UP YOUR CHILD EARLY

IF YOU NEED TO PICK YOUR CHILD UP BEFORE THE END OF THE DAY (FOR AN APPOINTMENT ETC), PLEASE LET THE SCHOOL OFFICE KNOW IN THE MORNING SO THAT THEY ARE EXPECTING YOU - THANK YOU.



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Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here –

WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

KEEP YOUR HEALTH IN MIND



- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

REACH OUT FOR SUPPORT



- ✓ If you have a problem online, don't be afraid to reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

PUT SAFETY FIRST



- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

GET THINGS CLEAR IN YOUR HEAD



- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

Meet Our Expert

Carley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Engage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



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#WakeUpWednesday

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Looking for a new job?

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Come along to The Compton Centre Jobshop and speak to employers about the opportunities available in Leeds.

Vacancies Include:

Training providers



LCC Vacancies



Care work



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+ more

Wednesday 1st April 2026
10AM - 1PM

The Compton Centre

322 Harehills Lane
Harehills, Leeds
LS9 7BG

No need to book - just drop in

Don't have a CV? Don't worry!

There will be staff on hand to help you create one along with other work related support.

Leeds City Council
Jobshops



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FAMILY BRUNCH

Wednesday 18th Feb

10am to 11.45

Join us for a morning of arts
and craft, games and a light
brunch.

Fun for all the family!



£2 per person

To book Call reception on 0113
213 6813



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World BOOK Day

Thursday 5th March

DRESSING UP

On the day, your child may dress up as their favourite character from a book OR they may come in their cosy pyjamas. Please ensure they are appropriate for wearing all day at school.





THURSDAY
5TH MARCH



EBOR GARDENS
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3.20PM - 4.00PM

big bedtime read



COME ALONG WITH AN ADULT TO THE SCHOOL HALL TO SHARE SOME BEDTIME STORIES, DRINKS AND BISCUITS.

YOU CAN CHANGE INTO YOUR PYJAMAS BEFORE THE EVENT IF YOU WOULD LIKE TO.

ENTRANCE THROUGH THE HALL DOORS AFTER YEAR 5 AND 6 HAVE LEFT. ALL CHILDREN MUST BE ACCOMPANIED BY AN ADULT.



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Bedtime story reading competition.

Each class will have a competition to find the best story reader. If your child wants to take part, they will have to read their favourite part of a bedtime story for no more than one minute.



World Book Day Book Donations

If you have any unwanted children's books at home, please bring them in on World Book Day. They will be sorted and we will distribute them to children in need.



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Pop up Book Shop

We are excited to have been chosen by the children's book project to be able to have another free pop-up book shop. The children in Years 1, 2 and 3 will be able to select their books from the shop on the 4th of March and the children in EYFS and Years 4, 5 and 6 will be able to select their books on world book day itself (the 5th of March).



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