



EBOR GARDENS
Primary Academy

LUNCH MENU – 3 NOV 2025 to 13 FEB 2026

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 3rd November 24th November 15th December 5th January 26th January	Main Meal (Option 1)	Salmon in a Creamy Pasta Sauce	Chicken and Vegetable Pie	Roast Chicken	Chicken Curry	Fish Fingers
	Vegan Meal (Option 2)	Tomato and Basil Pasta	Vegetable Pie	Vegetarian Sausages	Vegetable Curry	Vegan Nuggets
	Halal Meal (Option 3)	Salmon in a Creamy Pasta Sauce	Chicken and Vegetable Pie	Roast Chicken	Chicken Curry	Fish Fingers
	Served with	Garlic Bread	Gravy	Mashed Potatoes Gravy	Rice Naan Bread	Chips
		Selection of Vegetables or Salad Bar				
	Jacket Potato (Option 4)	Jacket Potato (Tune Mayonnaise, Cheese, Baked Beans)				
	Dessert	Ice Cream Sponge Roll	Sponge and Custard	Blondie	Caramel Apple Muffin	Selection of Home Baking
Week 2 10th November 1st December 12th January 2nd February	Main Meal (Option 1)	Chicken Burrito	Sausages	Chicken & Vegetable Casserole	Chicken Gyros in Pitta	Fish Fingers
	Vegan Meal (Option 2)	Vegetable Chili Con Carne	Vegan Sausage	Vegetable Hot Pot	Vegetable Tagine /Tomato Bread	Bean Quesadilla
	Halal Meal (Option 3)	Chicken Burrito	Sausages	Chicken & Vegetable Casserole	Chicken Gyros in Pitta	Fish Fingers
	Served with	Rice	Mashed Potatoes Gravy	Roast Potatoes Gravy	Mixed Salad	Shoestring Fries
		Selection of Vegetables or Salad Bar				
	Jacket Potato (Option 4)	Jacket Potato (Tune Mayonnaise, Cheese, Baked Beans)				
	Dessert	Chocolate Orange Sponge and Custard	Flapjack	Fruit in Jelly	Fruit Shortcake and Custard	Selection of Home Baking
Week 3 17th November 8th December 19th January 9th February	Main Meal (Option 1)	Pepperoni Pizza	Pasta Bolognese	Roast Chicken and Stuffing	Chicken Noodles	Fish Finger
	Vegan Meal (Option 2)	Cheese and Tomato Pizza	Vegan Pasta	Vegetable Cottage Pie	Vegetable Sweet and Sour Noodles	Southern Fried Quorn Goujon
	Halal Meal (Option 3)	Cheese and Tomato Pizza	Pasta Bolognese	Roast Chicken and Stuffing	Chicken Noodles	Fish finger
	Served with	Herby New Potatoes and Salad	Garlic Bread	Mashed Potatoes Gravy	Asian Style Slaw	Skin on Fries
		Selection of Vegetables or Salad Bar				
	Jacket Potato (Option 4)	Jacket Potato (Tune Mayonnaise, Cheese, Baked Beans)				
	Dessert	Pineapple upside down cake	Fruit Shortbread	Delight	Warm Fudge Cake	Selection of Home Baking

PLEASE NOTE:

If your child has a dietary need or a lifestyle food preference, please contact the school office or complete the Dietary Information Form on the school website.

Available daily:

Fresh bread

Alternative puddings: Fruit or Yoghurt



WELLSPRING
Catering Team
We Bake A Difference