EBOR GARDENS Primary Academy

Weekly News

FRIDAY 17TH OCTOBER 2025 - ISSUE 7

A Message From Mrs Wathen and Mr Spink

Good afternoon everyone.

I trust you have all had a lovely week and are looking forward to a restful (or action-packed) weekend.

This week, we wrote to you about Electric Bikes and E-Scooters. This was just a reminder that they are not to be on the school site at all. Please leave them outside the school gates if you use them to get to school for drop-off or pick-up.

This week in school, we have been visited by the team from Show Racism the Red Card. The team spent time in all the classrooms discussing racism and how we work to tackle it. They also updated staff training so that there is whole school awareness.

Next week is the last week of this half term (hasn't that gone by quickly!). School will close next Friday at315pm and re-open on Monday 3rd November at 8:30am - Breakfast Club willl be open at 7:30am as usual.

Mrs Wathen & Mr Spink

N - 80%	RBT - 93%	RDO - 86%
1AD - 91%	1MM - 98%	2HW - 99%
2RK - 97%	3JH - 87%	3NB - 97%
4NP/RM - 100%	4RA - 98%	5CS - 94%
5HW - 93%	6FA - 94%	6LB - 99%

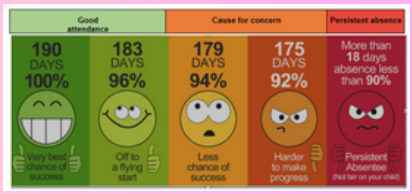
Whole School attendance this week is 95%.

We are aiming for 96% or above.

Biscuit Bears: 2HW & 4NP/RM

Extra Play (97%+): 1MM, 2HW, 2RK, 4NP/RM, 4RA & 6LB

Pizza Party (100%): 4NP/RM



EBOR GARDENS PRIMARY ACADEMY

0113 248 2750

WWW.EBORGARDENSPRIMARY.CO.UK

@EBORACADEMY.BSKY.SOCIAL

ADMIN@EBORGARDENSACADEMY.CO.UK

DIARY DATES 2025

Tuesday 21st October 2025 - Autumn Discos
Wednesday 22nd October 2025 - Y3/4 Museum Trip
Friday 24th October 2025 - School closes for half-term
Monday 3rd November 2025 - Return to school
Monday 8th December 2025 - Pantomime in school
Wednesday 10th December 2025 - Y3 Theatre trip
Friday 19th December 2025 - School closes for Christmas (1pm)

EBOR GARDENS PRIMARY ACADEMY
0113 248 2750
WWW.EBORGARDENSPRIMARY.CO.UK
@EBORACADEMY.BSKY.SOCIAL
ADMIN@EBORGARDENSACADEMY.CO.UK
Ofsted Outstanding Provider

Please be sure to park very safely and sensibly around school at Breakfast Club, morning drop-off and afternoon pick-up. On some occasions, the main gate has been blocked by parents/carers cars. Parents/carers and visitors must not park in front of the main gate so that cars (including emergency service vehicles) can get in and out at all times.

PICKING-UP YOUR CHILD EARLY

IF YOU NEED TO PICK YOUR CHILD UP BEFORE THE END OF THE DAY (FOR AN APPOINTMENT ETC), PLEASE LET THE SCHOOL OFFICE KNOW IN THE MORNING SO THAT THEY CAN HAVE YOUR CHILDREN READY FOR YOU IN THE MAIN OFFICE.

EBOR GARDENS PRIMARY ACADEMY
0113 248 2750
WWW.EBORGARDENSPRIMARY.CO.UK
@EBORACADEMY.BSKY.SOCIAL
ADMIN@EBORGARDENSACADEMY.CO.UK

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about MEMES

WHAT ARE THE RISKS?

Memes may look like simple jokes, but, for many teenagers, they form a shared cultural language. Quickly created and reworked, they spread across social media platforms as images with text or short videos. Nearly eight in ten teenagers share memes (79%, YPulse), making them part of daily life. While memes encourage creativity and participation, they can also spread misinformation or reinforce harmful stereotypes.

SPREADING MISINFORMATION

While memes help to communicate complex topics, they can also spread misinformation. Memes may sometimes include content presenting false facts or biased viewpoints, especially around health, politics, or current events and, as they're designed to be shared quickly, young people may not question their accuracy.

EXPOSURE TO INAPPROPRIATE CONTENT

Memes are widely circulated, and not always age-appropriate, meaning young people may encounter explicit language, sexual content, or graphic imagery, even without searching for it. As memes spread fast on platforms like Instagram, TikTok, or WhatsApp, it's nearly impossible to filter them completely.

MASKED MESSAGES

Some memes are designed to be confusing or layered with hidden meanings, making them hard for parents, and, sometimes, other young people to understand. Online groups often create these memes to look like inside jokes, but they can sometimes conceal offensive, harmful, or misleading content.

HIDDEN HARMS & LOSING SENSITIVITY

When serious topics like violence, racism, or mental health are turned into jokes, children and young people may become less sensitive to these issues over time. While a funny meme may seem light-hearted, it can carry messages that belittle certain groups, encourage risky behaviour, or mock personal struggles. Repeated exposure through memes can make harmful behaviour seem normal or less important. Over time, this can blur their understanding of what is funny versus what is discriminatory, harmful, or damaging to themselves and others.

PERMANENT DIGITAL FOOTPRINT

Unlike spoken jokes, memes leave a trail. Created or shared memes can resurface later and be misunderstood, even if intended as harmless. Once online, memes may be copied, saved, or spread beyond a young person's control – digital actions can follow them into their future, shaping how they are perceived by peers, teachers, or even employers long after the original meme has been shared.

Advice for Parents & Educators

ENCOURAGE OPEN CONVERSATIONS

Talk regularly with young people and try to understand their online world – discuss what they find funny about the memes, and why. By listening without judgement, you build trust, making it easier for them to come to you if they see something harmful. Open conversations also help children and teens think critically about the messages behind memes rather than simply accepting them at face value.

TEACH DIGITAL LITERACY

Help children and young people learn to question where information comes from and whether it's reliable – developing media literacy skills prepares young people to understand and navigate through their future online lives. Show them how memes can sometimes exaggerate or misrepresent facts for laughs, and encourage them to check credible sources when memes claim to present truth.

MODEL HEALTHY BOUNDARIES

Show children and teens positive online behaviours, such as taking breaks from screens, avoiding late-night scrolling, and engaging in offline activities. Setting clear routines around screen time at home can help to reinforce healthy boundaries and reduce the risks of overuse. By modelling balanced technology use, adults can help children and young people see that digital entertainment, including memes, should be just one part of life.

FOSTER EMPATHY ONLINE

Remind children and young people that memes should never come at someone else's expense. Encourage them to think about how a meme might make another person feel before sharing or creating it. Highlight examples of positive memes that celebrate creativity without hurting others. Fostering empathy, respect, and kindness in digital spaces will help them become more aware of promoting a safer, more supportive online culture.

Meet Our Expert

Dr Cristina Moreno-Almeida is a Senior Lecturer in Digital Culture at Queen Mary University of London. She specialises in memes, online networks, and youth culture, examining how digital spaces shape identity and everyday life.

See full reference list on our website

#WakeUpWednesday®

The National College®

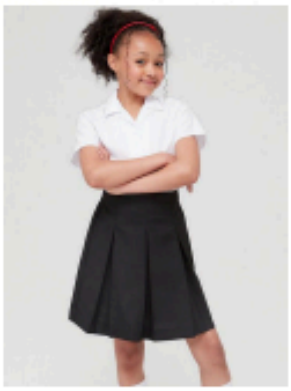
@wake_up_weds /wuw.thenationalcollege @wake.up.wednesday @wake.up.weds

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 15.10.2025

EBOR GARDENS
Primary Academy

Our PE Kit is a white T-shirt, black shorts, leggings or tracksuit bottoms and a black or burgundy jumper or hoodie for their next PE lesson.

EBOR GARDENS
Primary Academy

Our school uniform is:

- a plain burgundy sweat shirt or cardigan or burgundy sweat shirt or cardigan with the school logo
- plain black trousers, skirt or pinafore;
- a plain white polo shirt;
- red and white checked summer dress/ plain black shorts;
- flat, black shoes or trainers that offer good support and cover the feet.