



EBOR GARDENS
Primary Academy

Weekly News

FRIDAY 26TH SEPTEMBER 2025 - ISSUE 4

A MESSAGE FROM MRS WATHEN AND MR SPINK

Good afternoon everyone.

This week 5HW have been to visit the Art Gallery in Leeds City Centre. They thoroughly enjoyed seeing such a rich variety of Art work. What an inspiring trip!

Today was our Macmillan Coffee Afternoon in support of Macmillan Cancer Support, a very worthwhile charity of which many of us may have experience of. A big thank you to those who attended and to those who contributed to our fund raising efforts.

A reminder was sent out to all parents (via email) this week with expectations for PE kit in school. We still ask that children come to school in their PE kit (on PE days) however, it needs to be appropriate for playing sports – jeans are not appropriate. This includes the correct footwear – trainers or pumps would be suitable. Please avoid shoes with any kind of heel. We have lots of PE kit in our uniform exchange if needed.

Next week we have our first sports event. Our football team will be heading to Victoria Primary to play in a Football Gala. There are many more sporting activities coming up throughout the year. Have a lovely weekend everyone.

Mrs Wathen & Mr Spink

N - 94%	RBT - 98%	RDO - 85%
1AD - 85%	1MM - 97%	2HW - 96%
2RK - 96%	3JH - 97%	3NB - 99%
4NP/RM - 96%	4RA - 97%	5CS - 97%
5HW - 96%	6FA - 92%	6LB - 98%

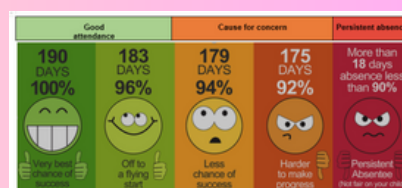
Whole School attendance this week is **95%**.

We are aiming for **96%** or above.

Biscuit Bears: RBT & 3NB

Extra Play (97%+): RBT, 1MM, 3JH, 3NB, 4RA, 5CS & 6LB

Pizza Party (100%):



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Our PE Kit is a white T-shirt, black shorts, leggings or tracksuit bottoms and a black or burgundy jumper or hoodie for their next PE lesson.



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Please be sure to park very safely and sensibly around school at Breakfast Club, morning drop-off and afternoon pick-up. On some occasions, the main gate has been blocked by parents/carers cars. Parents/carers and visitors must not park in front of the main gate so that cars (including emergency service vehicles) can get in and out at all times.



PICKING-UP YOUR CHILD EARLY

IF YOU NEED TO PICK YOUR CHILD UP BEFORE THE END OF THE DAY (FOR AN APPOINTMENT ETC), PLEASE LET THE SCHOOL OFFICE KNOW IN THE MORNING SO THAT THEY CAN HAVE YOUR CHILDREN READY FOR YOU IN THE MAIN OFFICE.



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DIARY DATES 2025

Tuesday 30th September 2025 – Football Gala at Victoria Primary

Thursday 2nd October 2025 – Y5CS Art Gallery Trip

Tuesday 14th October 2025 – ‘Show Racism the Red Card’ assemblies

Wednesday 15th October 2025 – Y3/4 Museum Trip

Tuesday 21st October 2025 – Autumn Discos

Wednesday 22nd October 2025 – Y3/4 Museum Trip

Friday 24th October 2025 – School closes for half-term

Monday 3rd November 2025 – Return to school

Monday 8th December 2025 – Pantomime in school

Wednesday 10th December 2025 – Y3 Theatre trip

Friday 19th December 2025 – School closes for Christmas (1pm)



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What Parents & Educators Need to Know about YOUTH VIOLENCE

UNDERSTANDING YOUTH VIOLENCE

Youth violence affects one in four children in the UK, but it doesn't have to. When parents, carers, and educators understand the risks, they're better placed to support young people. The right support, mentoring, therapy, and guidance can help young people affected by violence to feel safe, manage conflict, and make positive choices.

WHY DO YOUNG PEOPLE COMMIT SERIOUS VIOLENCE?

A recent study surveyed over 10,000 young people affected by violence, asking why serious violence occurs among their peers, such as an assault involving a weapon or sexual violence. The most common reasons given were due to a personal characteristic of the victim e.g., race, religion, sexuality, gender, a gang or school rivalry, and being provoked. While not all young people face these issues, many lack the emotional regulation skills needed to manage provocation.

WHAT ARE SIGNS A YOUNG PERSON IS AT RISK?

Children and young people often express that something is wrong through behaviour rather than words. Be alert to signs such as sudden mood changes, secrecy around friendships, excessive phone use, unfamiliar slang, unexplained injuries, fear of school, aggression, going missing, or substance use. They may also be associating with older peers. These behaviours can indicate underlying issues that can lead to violence.

ONLINE INFLUENCES

Social media plays a powerful role in normalising and escalating violence. Platforms like TikTok and Snapchat can expose young people to harmful content, often shaped by algorithms. Many see violent material that distorts reality, leading to fear and desensitisation. A recent study found 70% had seen real-world violence online, and 80% felt less safe in their communities. Alarmingly, 39% said it made them more likely to carry a weapon. Online conflict can often spill into real life, with serious and sometimes tragic consequences.

Opportunity
Community
Wellbeing
Respect

UNCERTAINTY
CONFLICT
FEAR

WHEN IS VIOLENCE MORE LIKELY TO HAPPEN?

For children and young people in England and Wales, the hours between 4 pm and 8 pm – just after school – carry a particularly high risk for serious violence. This can stem from conflicts that escalate during the school day, online arguments, or simply moving through unfamiliar areas on the way home. Understanding this risk helps us support safer travel and routines. Our recent report found that over one in three young people don't feel safe in the area they live in, and 36% don't feel safe walking the streets.

WHY MIGHT A YOUNG PERSON CARRY A WEAPON?

Young people may carry weapons due to fear, threats, peer pressure, or a false sense of protection. Many young people tell us they feel unsafe and carry weapons 'just in case', while others may be influenced by social media, peers, or criminal activity. Some don't realise it's illegal or may believe it earns respect.

WHERE IS VIOLENCE MORE LIKELY TO HAPPEN?

Violence often happens in certain places. Busy areas like transport hubs carry risk simply because lots of people gather there. Other hotspots, like places linked to drug activity, attract those more likely to be involved in violence. Some areas become risky due to poor supervision, such as under-resourced public spaces. Understanding where violence tends to occur helps us guide young people safely through their communities and advocate for better support and safer spaces.

Advice for Parents & Educators

TALKING TO CHILDREN ABOUT STAYING SAFE

Choose a safe moment for the conversation, emotionally and physically. If a child is upset or angry, help them settle before discussing serious topics. Listen actively without judgement, even if what they share is difficult. Avoid interrupting and offer advice when the time feels right. If you're worried, you're not alone; support is available.

AVOID CONFLICT & MANAGE ESCALATIONS

Encourage young people to consider the 'Safe T's' – Trust instincts, Take a breath, and Talk to a trusted adult. When triggered or provoked, they may react from their 'survival brain', unable to think clearly about the consequences. Taking a breath helps calm, and helps them access their 'thinking brain'. Remind them that moments pass, and seeking support from trusted adults builds resilience and safer decision-making.

HELP CHILDREN UNDERSTAND CONSEQUENCES

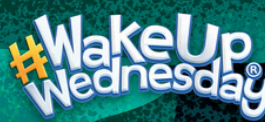
Young people can be searched by police or teachers if suspected of carrying a weapon. If found with a knife, they could face arrest and criminal proceedings. A conviction can result in a criminal record. Even being present during a violent assault, encouraging it, filming, or sharing footage can lead to prosecution. Open and honest conversations can help children understand these risks and make safer choices.

REPORT INFORMATION

We all have a role in preventing violence. If a child shares concerns, you can act. For educators, it's important to follow your school's safeguarding procedures. Other adults can report anonymously through Fearless or Crimestoppers, and speak with other parents, the school, or local police through 101. If someone is in immediate danger, always call 999. These steps help protect children and the wider community.

Meet Our Expert

The Ben Kinsella Trust is a UK anti-knife crime charity educating young people through immersive workshops, awareness campaigns, and community resources. Visit: benkinsella.org.uk



The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/youth-violence>



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Our school uniform is:

- a plain burgundy sweat shirt or cardigan or burgundy sweat shirt or cardigan with the school logo
- plain black trousers, skirt or pinafore;
- a plain white polo shirt;
- red and white checked summer dress/ plain black shorts;
- flat, black shoes or trainers that offer good support and cover the feet.

