



**EBOR GARDENS
Primary Academy**

SPRING 2025 MENU

| | | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|-----------------|---|---|---|---|---|
| Week One 06.01.25/27.01.25/ 24.02.25/17.03.25 | Main Meal | Pork Sausage Roll, served with Wedges | Pasta Bolognese with Garlic Bread | Roast Turkey Dinner with Roast Potatoes and Gravy | Piri Piri Chicken and Rice | Fish Fingers served with Chips |
| | Vegetarian Meal | Vegan Sausage Roll, served with Wedges | Macaroni Cheese with Garlic Bread | Vegan Quorn Fillet with Roast Potatoes & Gravy | Cheese & Tomato Pinwheels and Crispy Diced potatoes | Vegan Nuggets served with Chips |
| | Halal Choice | Vegan Sausage Roll | Penne Pasta Bolognese | Roast Turkey Dinner | Piri Piri Chicken and Rice | Fish Fingers |
| | Vegetables | Peas & Sweetcorn | Broccoli & Carrots | Medley of Seasonal Vegetables | Carrots & Sweetcorn | Garden Peas Or Baked Beans |
| | Carb | Seasoned Wedges | Garlic Bread | Roast Potatoes | Crispy Diced Potatoes | Chips |
| | Dessert | Chocolate Ripple Ice Cream Roll or Fruit Pot | Golden Oat Cookie or Fruit Pot | Cherry Cake or Fruit Pot | Shortbread Biscuit or Fruit Pot | Chocolate Brownie or Fruit Pot |
| Week Two 13.01.25/ 03.02.25/ 03.03.25/24.03.25 | Main Meal | Crispy Chicken Burger with Wedges | Pork Sausages with Mashed Potatoes & Gravy | Roast Chicken & Stuffing with Roast Baby Potatoes and Gravy | Chicken Tikka Masala with Rice and Naan Bread | Battered Fish, Served with Chips & a slice of Lemon |
| | Vegetarian Meal | Southern Style Quorn Burger with Wedges | Vegan Sausages with Mashed Potatoes & Gravy | Vegan Quorn Fillet with Roasted Baby Potatoes and Gravy | Spinach and Chickpea Masala with Rice and Naan Bread | Cheesy Quorn Quesadilla served with Chips |
| | Halal Choice | Southern Style Quorn Burger with Wedges | Chicken sausage with Mashed potatoes and Gravy | Roast Chicken Dinner | Chicken Tikka Masala with Rice | Fish in Batter |
| | Vegetables | Peas & Cauliflower | Cabbage & Carrots | Medley of Seasonal Vegetables | Peas & Diced Carrots | Garden Peas Or Baked Beans |
| | Carb | Seasoned Wedges | Mashed Potatoes | Roasted Baby Potatoes | Rice & Naan Bread | Chips |
| | Dessert | Chocolate Chip Cookie | Ice Cream Sponge Roll or Fruit Pot | Fruit Jelly or Fruit Pot | Chocolate Chip Muffin or Fruit Pot | Shortbread Biscuit or Fruit Pot |
| Week Three 20.01.25/10.02.25/ 10.03.25/31.03.25 | Main Meal | Pepperoni Pizza served with Crispy Diced Potatoes | Creamy Chicken Pasta Bake with Garlic Bread | Roast Chicken & Stuffing with Roast Potatoes and Gravy | Crispy Chicken Tenders, BBQ sauce and Seasoned Wedges | Jumbo Battered Fish Fingers with Chips |
| | Vegetarian Meal | Cheese & Tomato Pizza with Crispy Diced Potatoes | Tomato & Basil Pasta with Garlic Bread | Vegan Quorn Fillet | Smoky Bean Enchilada with Seasoned Wedges | Veggie Fingers served with Chips |
| | Halal Choice | Cheese & Tomato Pizza with Crispy Diced Potatoes | Creamy Chicken Pasta Bake with Garlic Bread | Roast Chicken Dinner with Roast Potatoes and Gravy | Smoky Bean Enchilada with Seasoned Wedges | Jumbo Battered Fish Fingers with Chips |
| | Vegetables | Green Beans & Carrots | Broccoli & Cauliflower | Medley of Seasonal Vegetables | Corn on the Cob & Salad | Garden Peas Or Baked Beans |
| | Carb | Crispy Diced Potatoes | Garlic Bread | Roast Potatoes | Seasoned Wedges | Chips |
| | Dessert | Waffle and ice cream or Fruit Pot | Chocolate and Vanilla Pinwheel Biscuit or Fruit Pot | Apple Crumble & Custard or Fruit Pot | Iced Vanilla Sponge or Fruit Pot | Golden Syrup Flapjack or Fruit Pot |

Available Daily:

- Freshly baked jacket potatoes with a choice of fillings
- Fresh bread • Cheese & crackers • Salad selection
- Whole fresh fruit • Yoghurts

Allergies:

If you would like to know about particular allergens in food, please ask a member of the catering staff.



WELLSPRING
Catering Team
We Bake A Difference