



EBOR GARDENS
Primary Academy

WEEKLY NEWS

Friday 15th November, 2024 - Issue 10

A Message from Mrs Wathen and Mr Spink

Good afternoon everyone.

This week has been Anti Bullying week in school. The children have been learning lots about this. On Tuesday many of us wore odd socks to celebrate this event. See our Social Media for the pictures. Today we have been taking part in Children in Need celebrations. It was lovely to see so many children dressed in spots and stripes, showing their support.

This week our newsletter includes a poster from the Community Hub and Library across the road from us. Community is really important to us here at Ebor Gardens and we encourage you to see our Social Media and find out for yourselves the wonderful things going on in our direct community.

Next week we have our first Parents Consultations of the year. We are looking forward to seeing all of you. If you have not yet booked an appointment, please log on to Arbor and do so. You can visit the school office if that doesn't work.

Have a wonderful weekend. See you on Monday.

N - 89%	RBT - 92%	RDO - 87%
1AD - 84%	1MM - 90%	2HW - 98%
2RK - 97%	3JH - 95%	3NB - 99%
4CS - 95%	4RM - 99%	5NP/LW - 94%
5HW - 97%	6FA - 98%	6LB - 97%

Whole School attendance this week is 94%.

We are aiming for 96%+

Biscuit Bears: 2HW & 4RM

Extra Play (97%+): 2HW, 2RK, 3NB, 4RM, 5HW, 6FA & 6LB

Pizza Party (100%):



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DIARY DATES

Tuesday 19th November 2024 – Parent Consultations

Wednesday 20th November 2024 – Parent Consultations

Monday 9th December 2024 – Pantomime in school

Wednesday 11th December 2024 – Christmas Fair

Thursday 12th December 2024 – Christmas Dinner/Jumper day

Tuesday 17th December 2024 – EYFS Christmas Performance

Wednesday 18th December 2024 – KS1 Christmas Performance

Thursday 19th December 2024 – KS2 Christmas Performances

More information regarding performances to follow

Friday 20th December 2024 – School closes for Christmas (1pm)

Tuesday 7th January 2025 – School reopens for Spring term



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MERRY CHRISTMAS

HEALTHY HOLIDAYS

★ OUR COMMUNITY HUB AND LIBRARIES
★ PROGRAMME IS BACK FOR CHRISTMAS,
★ SO JOIN US FOR SOME FESTIVE FUN!



23RD, 27TH AND 30TH DECEMBER
AND
3RD JANUARY



THIS IS OPEN TO MEANS-TESTED FREE SCHOOL MEAL ELIGIBLE
CHILDREN

FOR MORE INFORMATION AND TO REGISTER
VISIT: [HTTPS://HEALTHYHOLIDAYS.LEEDS.GOV.UK/](https://healthyholidays.leeds.gov.uk/)



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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

TEACHING CYCLE SAFETY

Cycling is an amazing way to spend quality time together as a family, as well as keeping everyone healthy and active – and it's an excellent exercise, whatever the age of your children. Getting started can sometimes be daunting, and there are obvious safety concerns over youngsters who are still getting used to a bike – so follow our top tips to help you ride with confidence.

1 CONSIDER CYCLE TRAINING

Courses like Bikeability are extremely useful, and training in general has come a long way since cycling proficiency began; there are Bikeability courses for adults, too. Cycle training teaches invaluable skills (such as good road positioning, signalling and visibility), and can help both parents and children feel more at ease on busy streets.

2 USE A SUITABLE BIKE

Find a bike of an appropriate size for its rider and resist the temptation to have children 'grow into' theirs by buying one too large for them. A bigger bike will be heavier and more difficult to control, making accidents more likely and potentially putting youngsters off cycling forever. If your child has any specific physical needs, or has dyspraxia, then try out a trike, handcycle or other adaptive cycle to see what works best.

3 TRY A CARGO BIKE

Cargo bikes, particularly the box-bike style, are ideal for transporting small children around. Depending on the type of bike chosen – as well as the size and age of the children – it can be possible to transport up to four little ones in this way, with additional space for other cargo as well.

4 INSPECT YOUR CYCLE

It's a good idea to do some routine checks on any bike before going for a ride to make sure everything's working correctly. The 'M check' is particularly useful: assessing the condition and position of the bike's wheels, handlebars, brakes, pedals, chain and saddle, working from front to back. Online tutorial videos can also teach you how to carry out basic repairs if needed. For more complicated fixes, head to your local bike shop.

5 BRING SUITABLE GEAR

Ensure whatever you're wearing, and any attachments for your bike, are suitable for the ride. A waterproof jacket will let you cycle safely in almost any weather. Make sure any helmets are fitted correctly. If you're riding after dark, remember to fit your bikes with a white front light, a red rear light and a red rear reflector. These are required by law.

6 STICK TO FLAT TERRAIN

Take a smooth, flat route if possible, so it's more suitable for younger cyclists. You might be surprised by how many quiet roads or back streets there may be in your area. Don't be put off by an indirect but easier path as opposed to a shorter, busier one. Look out for the National Cycle Network, canal towpaths and even parks that you can cut through.

7 STAY ALERT AND IN SAFE FORMATIONS

For maximum protection and visibility, ride in a line with children in the middle and adults at either end. If you're the only adult present, take up a position at the rear to ensure all children remain in your sight. Don't be tempted to hug the kerb if cycling on the road – riding approximately a metre out will make you more noticeable to other road users, and you'll also stay clear of any debris in the gutter.

8 AVOID PARKED CARS

When riding past parked cars, try to stay at least a metre away, just in case anyone inside opens a door unexpectedly or the vehicle itself starts to move. This precaution will also deter anyone driving behind from trying to squeeze past you when there isn't enough space, so don't be afraid to ride in a prominent position.

9 START A 'BIKE BUS'

Cycling to school with other families is a potentially fun experience – one which comes with the added benefit of safety in numbers, in case anything goes wrong along the way. Team up with other parents, carers and educators and pick a day to cycle to school together. Who knows – maybe, in time, you'll have other folks asking to join you?

10 HAVE FUN!

Keep in mind that cycling should be fun! A good bike ride can be really enjoyable for adults and children alike, while also being a superb form of exercise. Ease children into the hobby by starting them off with shorter journeys – such as a trip to the park – and build them up to longer, more complicated outings. Some children may get bored on a longer ride, so try to keep a conversation going with them.

Meet Our Expert

Sophie Gordon is the campaigns manager at Cycling UK, a charity which inspires and enables people to start cycling. She has spent six years campaigning for safer roads and more protected cycle paths, while supporting communities to call for better cycling conditions where they live.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/teaching-cycle-safety>



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Community Pantry



With thanks to our charity partners, we have been able to open our Community Pantry again on **Wednesdays** at 2:30pm.

Please come along to our Parent/Carer sessions at 2:30pm and then you will be able to access our pantry.



Contact the school office if you need support at another time: admin@eborgardensacademy.co.uk or speak to a member of the team.



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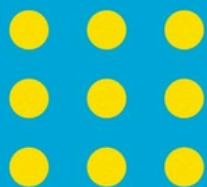
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Reception Places for September 2025

The application dates for Reception
places in Leeds for September 2025
are:

1st November 2024 -

Applications open

15th January 2025 -

Application deadline

16th April 2025 -

National Offer Day

For children born between 01.09.20 - 31.08.21

<https://www.leeds.gov.uk/schools-and-education/school-admissions/apply-for-a-primary-school>



Contact the school office if you need support with your
application: admin@eborgardensacademy.co.uk or speak to
a member of the team (0113 248 2750).



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