



EBOR GARDENS
Primary Academy

Week 1 Menu

WC – 04/09/23, 25/09/23, 16/10/23, 13/11/23, 04/12/23



EBOR GARDENS
Primary Academy

WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED	Chicken Curry	Cheese & Tomato Pizza	Roasted Chicken	Macaroni cheese	Fish finger bap
VEGAN GREEN	Vegetable Curry	Vegan Wrap	Roasted Vegan fillet	Vegan Vegetable Bake	Vegan Nuggets
BLUE HALAL	Chicken Curry	Cheese & Tomato Pizza	Roasted Halal Chicken	Macaroni cheese	Fish finger Bap
JACKET POTATO YELLOW	Cheese or Beans	Tuna or Cheese	Cheese or Beans	Tuna or Beans	Cheese or Beans
CARBOHYDRATE	Wholemeal Rice & Naan Bread	Diced Potato	Mash Potato & Yorkshire Pudding	Garlic bread	Oven Baked Chips
VEGETABLE	Mixed Vegetables	Peas & sweetcorn	Carrots & Cauliflower	Green Beans & Sweetcorn	Baked Beans or Peas
DESSERT	Mousse	Jam Coconut Sponge & Custard	Jelly Pots	Chocolate Brownie	Artic Roll

Fresh Fruit, Jelly, Yogurt and Salad are also available daily.



EBOR GARDENS
Primary Academy

Week 2 Menu

WC – 11/09/23, 02/10/23, 23/10/23, 20/11/23, 11/12/23



EBOR GARDENS
Primary Academy

WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE RED	Toad in the Hole	Vegetarian Dippers	Roasted Chicken served with Gravy	Chicken Pizza	Fish Fingers
VEGAN GREEN	Vegan Sausage	Vegan Nuggets	Roasted Vegan Fillet	Vegan Roll	Vegan Wrap
BLUE HALAL	Toad in the Hole	Vegetarian Dippers	Roasted Chicken served with Gravy	Cheese and Tomato Pizza	Fish Fingers
JACKET POTATO YELLOW	Cheese or Beans	Cheese or Tuna	Cheese or Beans	Tuna or Beans	Cheese or Beans
CARBOHYDRATE	Mash Potato/Half a jacket potato	Seasoned Wedges	Mash Potato & Yorkshire Pudding	Diced Potatoes	Oven Baked Chips
VEGETABLE	Mixed Veg	Sweetcorn and Peas	Carrots and Savoy Cabbage	Broccoli and Sweetcorn	Garden peas or Beans
DESSERT	Fruit Smoothie	Pear upside down Cake and Custard	Fruit Jelly/Yogurt	Coconut Flapjack	Yogurt /Bananas

Fresh Fruit, Jelly, Yogurt and salad are also available daily.

Week 3 Menu

WC – 18/09/23, 09/10/23, 06/11/23, 27/11/23, 18/12/23

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RED	Chicken Korma Curry	Cheese Omelette	Roasted Chicken served with Gravy	American Style Hotdog	Fish Fingers
VEGAN GREEN	Vegan Pasta Bake	Vegan Dippers	Vegan Fillet served with Gravy	Vegan Sausage Hotdog	Vegan Roll
BLUE HALAL	Chicken Korma Curry	Cheese Omelette	Roasted Chicken served with Gravy	American Style Quorn Hotdog	Fish Fingers
JACKET POTATO YELLOW	Cheese or Beans	Tuna or Cheese	Cheese or Beans	Tuna or Beans	Cheese or Beans
CARBOHYDRATE	Rice & Naan Bread	Half a Jacket Potato	Mash Potato Yorkshire Pudding	Seasoned Potato Wedges	Oven Baked Chips
VEGETABLE	Mixed Veg	Peas and Sweetcorn	Carrots and Broccoli	Green beans and Sweetcorn	Baked Beans or Garden Peas
DESSERT	Oat and Lemon Cookie	Yoghurt	Jelly	Cheese Cake	Vanilla Ice Cream

Fresh Fruit, Yoghurt, Jelly and Salad are available daily.